



# MEMORY CAFE

**When:** Fortnightly on Tuesday's  
Next Session 10th Feb 2026

**Where:** Birtley Community Centre, Ravensworth  
Rd, Birtley, Chester-le-Street, DH1 1EN

**Time:** 1pm - 2.30pm



Friendly drop in sessions offering a cuppa  
and a chat. For those living with, or  
supporting someone with dementia.

T: 0191 477 3559

E: [advice@ageukgateshead.org.uk](mailto:advice@ageukgateshead.org.uk)

